



CITRUS

## Citron

The citron is a large fragrant citrus fruit with a thick rind, botanically classified as *Citrus medica*. It is one of the four original citrus fruits from which most other citrus types developed through natural hybrid speciation or artificial hybridization. The citron is also used by Jews (the word for it in Hebrew is etrog) for a religious ritual during the Feast of Tabernacles; therefore, is considered to be a Jewish symbol.

For many centuries, citron's fragrant essential oil has been used in perfumery, the same oil that was used medicinally for its antibiotic properties. Its major constituent is limonene.

Origin: Calabria.



## nutritional values

for 100 gr of products		
Energy value	29 kcal	121 kj
Fat	0,3 gr	
of which saturates	0,039 gr	
Carbohydrates	9,32 gr	
of which sugars	2,5 gr	
Fiber	2,8 gr	
Protein	1,1 gr	
Salt	0,005 gr	
Source: INRAN - Ist. Naz. Ricerca Alimenti e Nutrizione		